

Impact Report Community Sailing Fund 2019



#TheSeaForAll

Sail
Boat
Project

Our community sailing fund has been established to help people from community groups in Sussex access our sailing activities. We do our best to attract grant funding to subsidise our activities, but we rely on donations as well.

Schools and community work is an important part of what Sail Boat Project does. We are a Community Interest Company established in 2009 to provide a range of learning activities based around sailing. We seek to widen access to the sea, creating training and employment opportunities, increasing confidence and a sense of wellbeing in communities within reach of the coast. We operate out of Chichester harbour AONB with regular visits to Shoreham and Newhaven ports and Brighton marina.

This report is about the impact of our community sailing activities in 2018, which were supported by the following organisations:



- In 2018 we worked with 61 people from:

 - Self Managed Learning College
School, Brighton & Hove
 - Sands
Addiction recovery centre, Bognor Regis
 - LGBT Switchboard
Older people’s project, Brighton & Hove
 - Esteem
Youth group, Shoreham
 - Ruby Moon Swimwear
Social enterprise, Brighton
- Transcansport
Access to sport for Trans people, Brighton & Hove
 - Blind Veterans
Ex-services charity, Brighton
 - The Hop 50+
Community Dementia Support Group, Brighton & Hove
 - Dorothy Stringer High School
Brighton

“It was fantastic! An amazing experience. Good to learn about navigation. Learn about different sails, how to steer & generally sail aboard, ropes, sails etc. Good fun eating, sleeping, cooking on the boat. Real good fun!”



When you describe to others what you did on the boat, what do you say to them?

“We learned different sailing skills like doing maintenance of the boat and being on the helm.”

“We stayed overnight on the boat, and supported the crew to sail 8hrs home.”



“Learned some basic sailing skills.”

“It was a real adventure”

“Lots of sailing!”



Sail Boat Project is a RYA Sailability organisation as well as a RYA Training Centre

“Crossed the English Channel from Brighton Marina to Le Havre in gale force winds, it was amazing! It was a wild adventure where we learned many skills needed to crew a boat. It really boosted my confidence.”





“A great inclusive organisation that understand me and now recognise my abilities so I will keep coming back to sailing with you.”

“So grateful for the opportunity”

“Loved it!”

“All my experiences with Sail Boat Project have been very positive. The captains and first mates have always been very open, friendly and informative. Would always recommend“

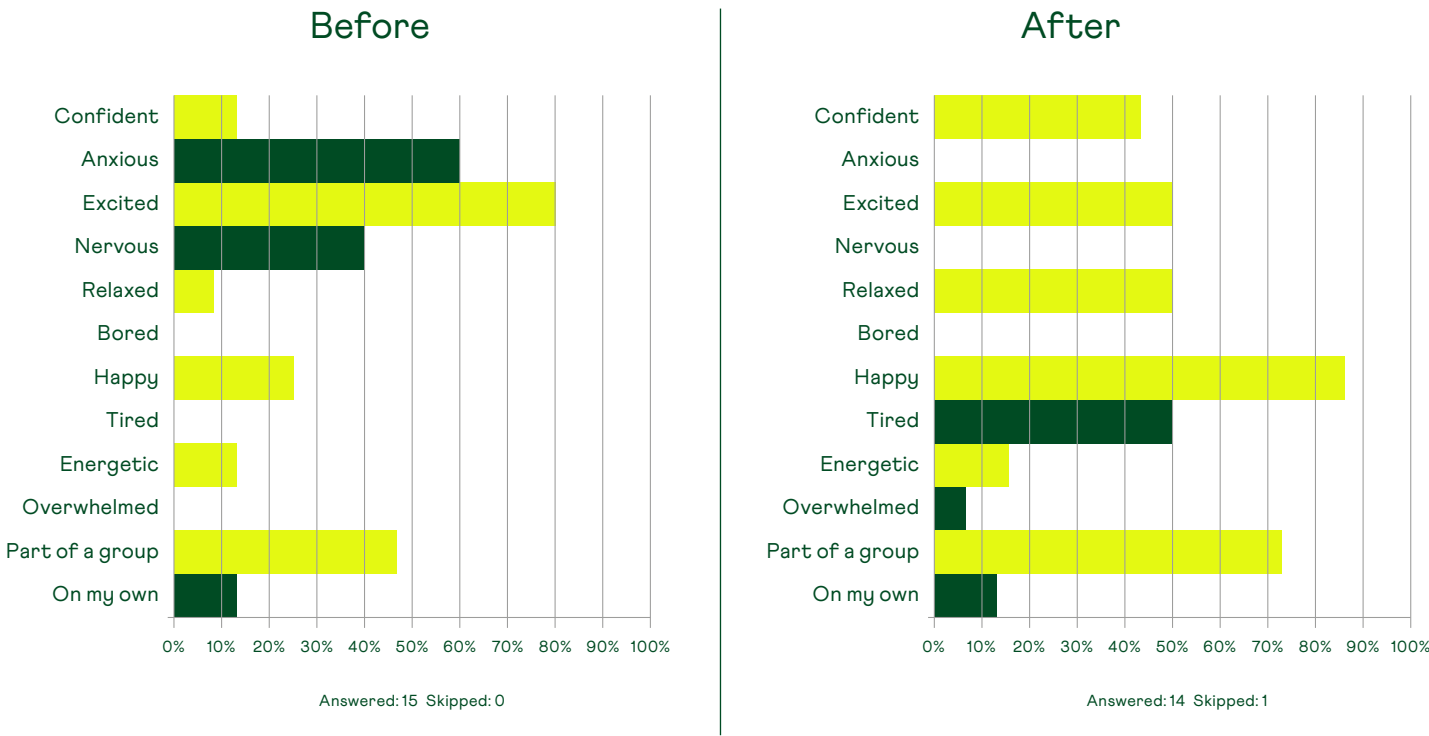


“It was a great experience for all of us learning how to helm a boat.

“All the crew were kind and helpful. Afterwards I felt proud for sailing.”



We asked people how they were feeling before and after they had been on the boat:

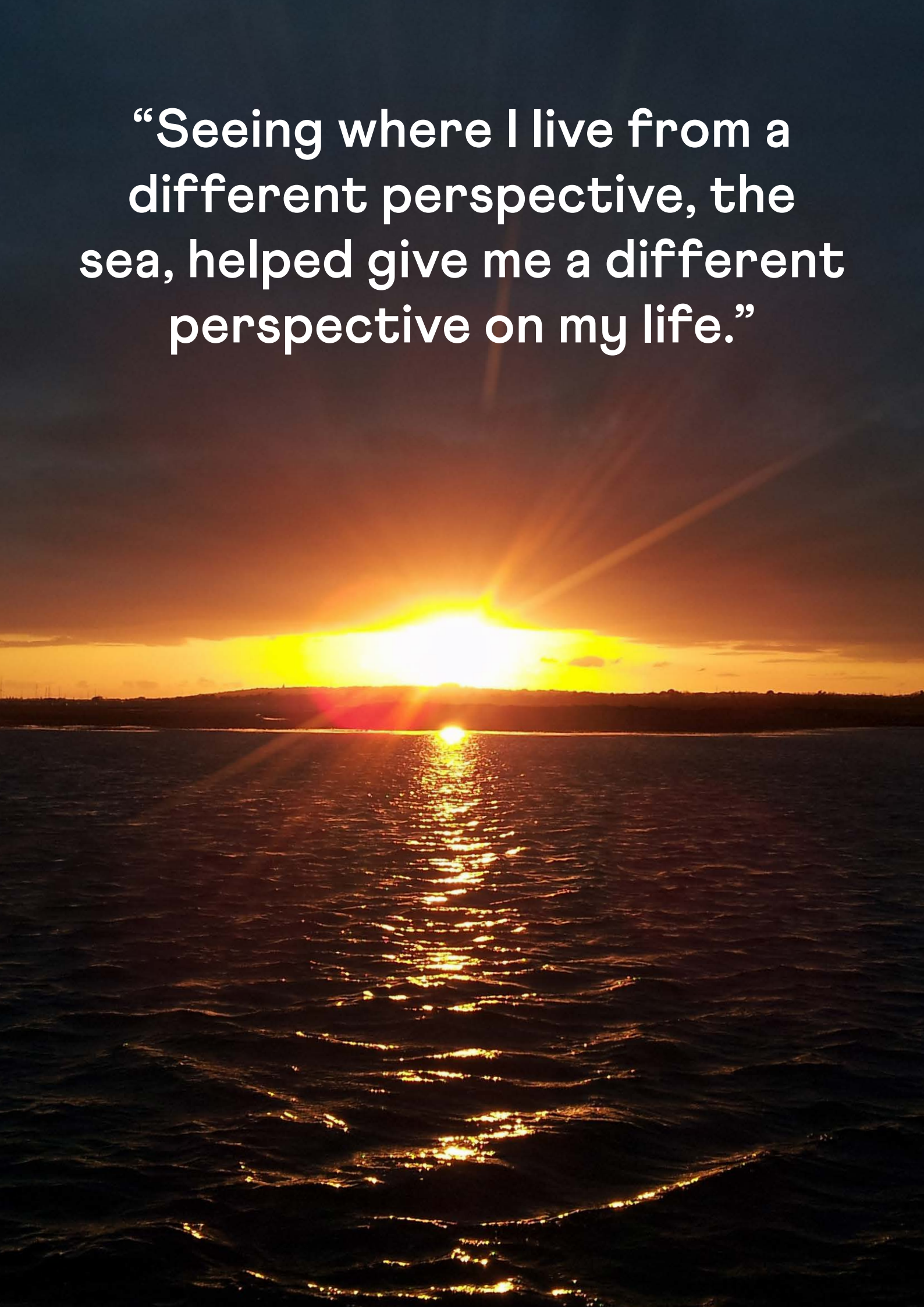


We can see a clear improvement in positive feelings and a stronger sense of being part of a group

“Most memorable thing
I’ve done in my life.
Will be a famous tale
for years to come.”

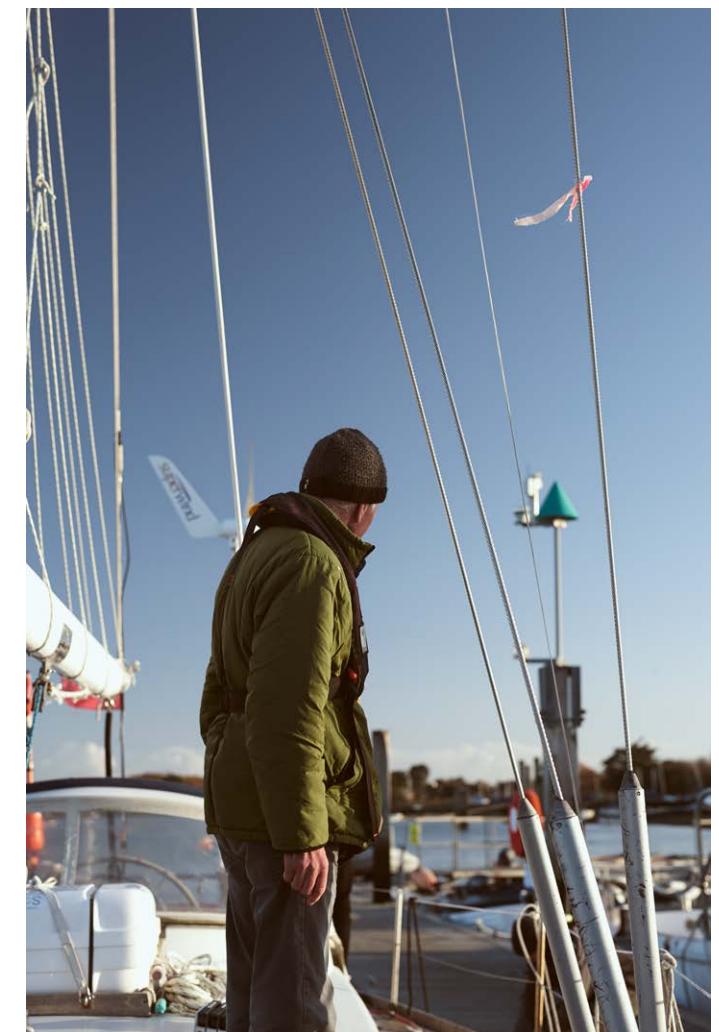


“Seeing where I live from a different perspective, the sea, helped give me a different perspective on my life.”



For most people, despite living on the coast, sailing with us is the only opportunity they have ever had to go on the sea. Cost is a major barrier.

Being on or near water can have a significant impact on putting our minds and bodies at ease
#bluehealth



When asked if they would like to do more sailing activities, the overwhelming response was yes!

“Maybe next summer?”

“Two day's sailing please, staying onboard overnight.”

Support our Community Sailing Fund

If you are an organisation and would like to support our Community Sailing Fund we can work with you to fulfil social responsibility goals. We have relationships with a range of groups from marginalised communities who wouldn't otherwise access the sea or consider sailing as an activity for them.

If you can help us support such groups through the Community Sailing Fund we can offer a number of things in return:

- Company away days or team building activities onboard
- Promotional opportunities for clients and customers in unique settings on our training vessels
- Brand promotion space is available on our vessels – hulls, masts and sails – as well as through our website and social media channels

Individuals can donate securely via [localgiving.com](https://www.localgiving.com), accredited with Sussex Community Foundation. Gift Aid options available.

www.localgiving.org/donation/sailboatproject

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