



We're looking for people living with dementia  
to join our

# Dementia Sails

**Subsidised places for people living with dementia  
and a family member, carer or friend  
to join us in May and July 2017**

1 day sailing trips in Chichester Harbour  
**£110 for two people**

3 day sailing trips from Southampton  
**£330 for two people**

Contact us for info:

**07576 248348**

**info@sailboatproject.org**

Each session will be led by a commercial endorsed Skipper assisted by a volunteer First Mate, both of whom have attended training delivered by Dementia Adventure. We are grateful to Sussex Community Foundation for their support.



dementia adventure

Sussex  
Community  
Foundation

INSPIRING LOCAL GIVING • MEETING LOCAL NEEDS

